

Winter Workwear

Cold Weather PPE
Tips & Guide





Cold and wet conditions make even small tasks more challenging for construction, oil and gas, traffic management and landscape laborers — so it's crucial to prep workers for plummeting temps. When your crew is outdoors, watch for early signs of these **cold-related health issues**:



FROSTBITE: numbness; tingling; aching; bluish, pale or waxy skin; can lead to potential amputation.



CHILBLAINS: redness; itching; potential blistering; inflammation; potential ulceration.



HYPOTHERMIA: shivering; slurred speech; fatigue; confusion & clumsiness; dilated pupils; blue skin; slow pulse & breathing; potential loss of consciousness.



TRENCH FOOT: skin reddening; leg cramps; swelling & numbness; blisters; tingling pain; potential gangrene.



4 STEPS TO WINTER COLD SAFETY

- 01** When possible, use **ENGINEERING CONTROLS** to minimize cold stress.
- 02** Establish balanced **WORK/RESET SCHEDULES** for crews.
- 03** **TRAIN TEAMS** to recognize & prevent cold-related conditions.
- 04** Provide correct **WINTER WORKWEAR & PPE**.





HIGH-PERFORMANCE APPAREL

When it comes to winter workwear, visibility and safety always come first. But thanks to the latest winter PPE innovations, today's ANSI/ISEA-compliant sweatshirts, vests and parkas are both protective AND comfortable.





HEAD PROTECTION

Besides protecting workers from falling debris, low-hanging equipment or electrical hazards, winter headwear also has to guard against cold, wind and snow. Fleece hats and full-face liners are thin enough to fit under hard hats or helmets while offering warmth in wet, cold conditions.



HAND PROTECTION

Hand protection is essential year-round, but winter adds another layer of injury concern. Ensure that workers' gloves offer the dexterity needed for fine-motor tasks, plus thermal protection and waterproofing.





95 Traffic Safety Supply: Your Winter PPE Source

Seasonal safety starts with climate-controlled clothing and winter PPE. 95 Traffic Safety Supply helps your team manage dropping temperatures.

Visit our winter workwear lineup for cold-weather gear like ANSI-rated apparel, eyewear, gloves, hats and more!

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